

Family Fun Home Activities- Week of 06/01/2020

ART

Blue Whale Paper Bag

Materials:

- Blue Paint
- White Paint
- Paint brush
- Blue Craft Paper
- Water spout
- Scissors
- Googly Eyes (optional)
- Tape
- Glue
- Black Marker
- String
 - Brown Paper Lunch Bag

Directions:

Have your child paint the front, sides, and bottom of the paper bag blue for the whale's body. Have them paint the back white for the whale's tummy.

Once the paper bag is dry, open the bag up, lay it down with the white side on the table, and have your child draw a face on the bottom of the bag and glue googly eyes on.

Stuff the bottom of the bag full with newspaper or other material you have lying around and secure tight with string. Fold the top of the paper bag up like a whale tale. You may even want to give it a trim to look more like the fluke of a whale.

Copy the line template below on to blue paper paper. Cut along the black lines. Roll it up like a scroll on a pencil and secure the bottom with tape. Use the pencil again to curl the top of the water down. Secure the water to the top of the whale with tape.



MATH

Snack Time Counting

Snack time counting is a wonderful way to incorporate math and counting into every day. This week, each time you give your child a snack of goldfish, vegetable sticks, chips, etc... spread out a napkin and have your child pull out their snack piece by piece and count how many pieces they have. How many goldfish were they given to eat? How many carrot sticks? To further these activities have your child practice writing the number on paper after they eat the snack.

SCIENCE

Dancing Rice Experiment

Materials:

- White Vinegar
- Baking Soda
- Instant Rice (non-instant rice is too dense for this project)
- Clear Jar
- Water
- Food Coloring (Optional)

Instructions

1. Fill the Clear Jar 3/4 Way Full of Water. If desired, mix in food coloring.
2. Add in 1 TBS of Baking Soda and Stir. Mix completely.
3. 1/4 Cup Of Uncooked Rice. Note that instant rice is needed for this project! Non-instant rice is too dense and won't result in a "dancing" reaction.
4. Add in 1-2 TBS of White Vinegar.

If the rice doesn't start to dance right away slowly add in more vinegar.



LETTERS AND LETTER SOUNDS

Bag of Sounds /b/

Gather items from around your house that start with B. Add in some items that do not start with B. Set a bag next to the items.

Hold up a ball or something else that begin with the letter B sound. Say the word *ball* slowly, emphasizing the /b/ sound. Ask, *Can you hear the /b/ sound? Say the word with me, ball.*

- Display the bag and objects that begin with the /b/ sound, along with a few objects that don't begin with the /b/ sound. Name each item.
- Tell your child that only items that begin with the /b/ sound belong in the bag.
- Spread the items on a table.
- Hold up the ball and ask, *Does the word bowl begin with the same sound as the word build? Say, ball, bowl. Yes, they both begin with the /b/ sound. Who would like to put the bowl in the bag?*
- Have your child pick up each object, name it, and say whether it belongs in the bag or not. Continue until all items have been sorted.

PLAY

Let's Make Oobleck!

Ingredients:

- 2 cups of cornstarch
- 1 cup of water
- Food Coloring (optional)

Directions:

Mix 2 cups of cornstarch to 1 cup of water into a bowl. Mix the cornstarch and water until your oobleck is formed.

Tip: If you would like to color your oobleck, add your food coloring to your water and then mix with the cornstarch.

Oobleck is so simple but can provide hours of fun for your child. Have them pick up a handful of Oobleck and watch it turn in to a liquid before your eyes!



READING

Please read your child a book of their choice. Some questions to ask your child after reading:

- Did you like the story? Why or why not?
- How did the story end?
- Who was your favorite character and why?
- What was your favorite part of the story and why?

WRITING

Talk to your child about the food they eat. What is healthy and should be eaten often, and what is unhealthy and should be eaten in moderation? Help your child write down on paper two of their favorite healthy foods and two of their favorite unhealthy foods.

Second Step (social/emotional skill building and support)

The Imagination Neighborhood Podcast- This week in The Imagine Neighborhood, Scotty starts out having a pretty rough day. When Doc Apocalypse swings by to tell him there's a giant monster on the loose who's smooshing villages, the day gets even rougher! Scotty and Doc need to find this monster and figure out what's going on—and figure out how to make things right. Turns out, there's a lot more to this monster than either of them knew! In this episode, we talk about our angry feelings, what to do if you've made a mistake, and how to make amends. It's okay to have big feelings. Everyone gets angry or sad sometimes. But it's always important—for kids and for grown-ups—to know what steps they can take to make things right.

18 minutes: <https://www.imagineneighborhood.org/podcast-1/episode/30dc7f41/doc-apoc-on-making-things-right>

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